

Food Extra Credit

Jan. 18

You will prepare a classic dish from your country - either Savory or Sweet.

- You must provide a printed copy of the recipe as well as a “blog/reflection” of your experience cooking it.
- Please prepare enough for the class to sample—ok to be a (2-bite) sample only!
- Can be done as an individual or in groups of 2 (no more! & each person must write his/her own reflection)
- Make sure that you bring serving utensils and something to serve on/in.

Categories	4 "Professional"	3 "Practitioner"	2 "Novice"	1 "Beginner"
Recipe & Complexity	Recipe neatly presented with many steps	Recipe neatly presented, but relatively simple	Recipe presentation hard to follow	No instructions with the list of ingredients
Taste/ Appearance	Full of flavor, creativity evident, neatly arranged	Good flavor, neatly arranged	Flavor is mild &/or not terribly neat	Little to no flavor &/or sloppy presentation
Blog/ Reflection	Blog/Reflection fully explains with pics to illustrate	Complete reflection with plenty of detail	Limited blog/ reflection	Very little reflection on the process

Cook(s): _____

Country chosen: _____

Recipe chosen: _____

Approval: _____ (on or before Jan. 13)