

# Food Extra Credit

## Feb. 8

You will prepare a classic dish from your country - either Savory or Sweet.

- You must provide a printed copy of the recipe as well as a “blog/reflection” of your experience cooking it.
- Please prepare enough for the class to sample—ok to be a (2-bite) sample only!
- Can be done as an individual or in groups of 2 (no more! & each person must write his/her own reflection)
- Make sure that you bring serving utensils and something to serve on/in.

Categories	4 "Professional"	3 "Practitioner"	2 "Novice"	1 "Beginner"
<b>Recipe &amp; Complexity</b>	Recipe neatly presented with many steps	Recipe neatly presented, but relatively simple	Recipe presentation hard to follow	No instructions with the list of ingredients
<b>Taste/ Appearance</b>	Full of flavor, creativity evident, neatly arranged	Good flavor, neatly arranged	Flavor is mild &/or not terribly neat	Little to no flavor &/or sloppy presentation
<b>Blog/ Reflection</b>	Blog/Reflection fully explains with pics to illustrate	Complete reflection with plenty of detail	Limited blog/ reflection	Very little reflection on the process

Cook(s): \_\_\_\_\_

Country chosen: \_\_\_\_\_

Recipe chosen: \_\_\_\_\_

Approval: \_\_\_\_\_ (on or before Feb. 5)